



Watertown Commission on Aging

Regular Meeting Agenda

DATE: Thursday, October 15, 2026
TIME: 6:30 PM
LOCATION: Watertown Town Hall, lower-level conference room
61 Echo Lake Road, Watertown, CT

This meeting will be an In-Person meeting and will also be available via Zoom in Listen Only Mode.
A Link will be posted on the day of the meeting.
Please see www.watertownct.org under the Calendar of Meeting.

- I. Call Meeting to Order**
- II. Roll Call**
- III. Public Participation**
- IV. Correspondence**
- V. Approval of Minutes**
 - A. September 17, 2026, Regular Meeting
- VI. Reports**
 - A. Chairman
 - B. Parks & Recreation Director
 - C. Senior Services Coordinator/Municipal Agent
 - D. Sub-Committee on Mission Statement
- VII. Old Business**
- VIII. New Business**
- IX. Adjournment**

Commissioners, please contact the Watertown Parks & Recreation Department Monday through Friday by 4:30 PM at 860-945-5246 if you are unable to attend. Thank you.

AGENDA

Date: 10-15-20

Number: IV



Dear Commission on Aging Members,

In the spirit of Thanksgiving, we warmly invite you to join us for our Annual Thanksgiving Turkey Luncheon at the Falls Avenue Senior Center, Friday, November 20 at 11:30.

Please join us for a wonderful traditional Thanksgiving Turkey Luncheon generously sponsored by the First Congregational Church in Watertown.

This special gathering is an opportunity to come together in fellowship and, most importantly, to express our sincere thanks and appreciation to everyone who gives their time, support, and dedication to our senior community in Watertown and Oakville. We look forward to sharing a delicious meal, good company, and the warmth of the Thanksgiving season with you.

Please RSVP to Roberta Hardt by Friday, November 5th.

Warm regards,

Laura DiFelice Garay
Assistant Director, Senior Services

Falls Avenue Senior Center
311 Falls Avenue
Oakville, CT 06779
860-945-5250
cc: Roberta Hardt





AGENDA
Date: 10-15-24
Number: VA

**WATERTOWN COMMISSION ON AGING
REGULAR MEETING MINUTES**

**WATERTOWN TOWN HALL
FIRST FLOOR CONFERENCE ROOM
61 ECHO LAKE ROAD, WATERTOWN, CT**

Thursday, September 17, 2026

I. The meeting was called to order at 6:30 PM by Melanie Flaherty, Chair

II. Roll Call

PRESENT: Melanie Flaherty, Chair
Debra Desena
Alan Mickel
Wilbur Hughes, Vice Chair
Sally Kuslis
Amy Quinnan
Andrea Corcoran
Tracy Dasilva

ABSENT: Cynthia Blanchard

OTHERS PRESENT: Michael Ganem, Director of Parks, Recreation, Senior, and
Social Services

III. Public Participation – NONE

IV. Correspondence –

- Grant award letter from the Thomaston Savings Bank Foundation

V. Approval of Minutes:

August 20, 2026, Regular Meeting

*Motion by Amy Quinnan, to approve the minutes of the August 20, 2026, meeting.
Second by Alan Mickel.*

*Motion to amend the minutes of the August 20, 2026, meeting by Alan Mickel.
Seconded by Wilbur Hughes.*

*Amendment to VI. Reports #C. Senior Center Coordinator/Municipal Agent:
To ensure statistics reports are made available to anyone in the public that would be
available through an FOI request.*

*In favor: Debra Desena
 Alan Mickel
 Wilbur Hughes
 Sally Kuslis
 Amy Quinnan
 Tracy Dasilva*

Opposed: Melanie Flaherty

Abstain: Andrea Corcoran

*Motion to approve the minutes as amended by Amy Quinnan. Seconded by
Alan Mickel.*

*In favor: Debra Desena
 Wilbur Hughes
 Sally Kuslis
 Amy Quinnan
 Tracy Dasilva
 Alan Mickel*

*Opposed: Andrea Corcoran
 Melanie Flaherty*

Motion passed 5 to 2

VI. Reports

A. Chairman – no report

B. Parks & Recreation Director

Michael Ganem:

- Written report is attached to the minutes

C. Senior Center Coordinator/Municipal Services

Laura Garay:

Provided a written report (attached to the packet)

D. Sub-Committee on Mission Statement

Amy Quinnan summarized that the sub-committee will be working to identify the community's priority needs and the ways to deliver/meet those priorities

- VII. Old Business- the commission requested clarification on some of the FASC data reported this evening. What falls under the "other" category? What is a "Sr. Center Activity?" The commission asked if handrails will be installed on the new walkway installed at the FASC.
- VIII. New Business – Alan Mickel presented details about information available to the public about senior resources.
- IX. Adjournment -

Motion: Alan Mickel, seconded by Sally Kuslis to adjourn the Regular Meeting at 7:13 P.M.

The motion passed unanimously.

Respectfully submitted,

Melanie Flaherty, Chair
Watertown Commission on Aging

Approved: _____
Susan King, Clerk



Thomaston Savings Bank Foundation, Inc.

203 Main Street, P.O. Box 907
Thomaston, CT 06787
P: 860.283.1874 | F: 860.283.2529
www.thomastonsavingsbank.com

Stephen L. Lewis, President

August 25, 2026

Jeanne Vichioli
Town Of Watertown- Parks and Recreation Dept.
61 Echo Lake Rd.
Watertown, CT 06795

Dear: Jeanne Vichioli

Congratulations! On behalf of the Thomaston Savings Bank Foundation, Inc., I am pleased to advise you and your organization that an award of \$1,181.31 has been approved towards your grant request. It has been a rewarding process to learn about your organization, recognize your merits and help make an important contribution to your efforts.

The Thomaston Savings Bank Foundation, Inc. has carefully reviewed your request and has allocated the grant proceeds to be utilized solely for funding the following purpose (s):

To assist in funding the purchase of (2) vacuum cleaners

As indicated in your email notification, grant funds will be disbursed electronically. If you have not yet done so, please complete the Grant Agreement and ACH Authorization form attached to your grant application at your earliest convenience so that we may begin the electronic transfer process.

We are proud of the well-established Thomaston Savings Bank Foundation, Inc. and the Phase II funding of \$196,405 to local charitable causes. As you may be aware, these funds are to be distributed to benefit the citizens of the Thomaston Savings Bank assessment area. Any acknowledgment of our grant to the public would be greatly appreciated.

Please accept my best wishes for a promising and rewarding upcoming year. Thank you for all the good work you are doing to make our community a better place.

Sincerely,

Stephen L. Lewis
President
THOMASTON SAVINGS BANK
FOUNDATION, INC

To: The Commission on Aging
From: Michael Ganem, Director of Parks and Recreation
Date: September 17, 2026
Subject: Director's Report – September 2026 Updates

1. Transportation & Fleet Management

5310 Grant & Senior Bus Acquisition

- **Master Agreement Executed:** The Master Agreement for our newest wheelchair-accessible senior bus via the DOT Section 5310 Grant has been fully executed by both the Town Manager and the State. We anticipate vehicle delivery within the next couple of months.
- **Fleet Transition Plan:** With the new bus incoming, we are initiating the formal process to liquidate our 2014 bus. In the interim, we intend to maximize the utilization of the 2014 vehicle for local trips to get full operational value from the asset prior to final disposal.

2. Seasonal Programming & Event Acknowledgments

Senior Picnic Success

- **Event Thank You:** A sincere thank you to everyone who participated in, organized, or attended the annual Senior Picnic at Veterans Park on August 28. Community involvement is what makes these events successful and impactful for our local seniors.

Autumn Activities

- **Fall Scheduling:** Autumn is a fantastic season for our senior center community to enjoy the favorable weather. We are actively leveraging these optimal conditions to provide outdoor programs and local trip opportunities over the coming weeks.

Respectfully Submitted,

Michael Ganem

Director of Parks and Recreation

Town of Watertown, CT

AGENDA

Date: 10-15-26

Number: VIC

Falls Ave Senior Center September 2026 Monthly Summary

- (10) **New FASC Members** came on board between September 1 - 30, 2026.
- (44) Seniors enjoyed a **Birthday Celebration** in honor of National Senior Center Month on Thursday September 3.
- (20) Seniors participated in a **Sound Meditation, "The Art of Letting Go"** by Jeanine Chayka of Inspired Vibrations on Friday September 4.
- (19) Seniors participated in attending the **Town Council Meeting for recognition in honor of National Senior Center Month** on Tuesday evening of September 8.
- (11) Seniors participated in the **FREE Dental Care Clinic** offered by WCAAA (Western Connecticut Area Agency on Aging) on Friday September 11.
- (22) Seniors went on a **Bus Trip** to the **Connecticut River Museum** and boarded the **River Quest Boat** in historic **Essex** followed by lunch at the **Historic Griswold Inn** on Friday September 11.
- (17) Seniors participated in a **Bus Trip** to the **Historical Town of Old Wethersfield** to the Kenney Memorial Cultural Centre/Old Wethersfield Historical Society for a presentation of the town's role in the American Revolution. Then the Tour Guide boarded our bus for an hour narrated tour of Old Wethersfield. Lunch followed at Wood and Tap Restaurant in Rocky Hill on Monday September 21. **Old Wethersfield is the second oldest town in Connecticut, second to Windsor.**
- (18) Seniors participated in the **DO-NUT Stress Medicare Open Enrollment Presentation, "Are you smarter than a Medicare Agent?"**, hosted by Jessalyn Pito and Oak Street Health on Tuesday September 22.
- (4) Seniors participated in the monthly **Book Club** on Tuesday September 22.
- (8) Seniors of the **Wii Bowling Team** participated in monthly statewide league play and were defeated by the Waterbury Senior Center on Wednesday September 23.
- (78) Seniors participated in the **Annual Senior Appreciation Luncheon**. Our seniors enjoyed a plated luncheon by the Culinary Students of W.F. Kaynor Tech under the direction of Chef Justin Williams on Friday September 25.
- (35) Seniors attended a **Bus Trip to Kaynor Café** on Monday September 28 and enjoyed a delicious meal prepared by the Culinary Student of W.F. Kaynor Tech School.
- (7) Seniors attended **Reflexology (25 Minute Sessions)** on Tuesday September 29.

Planned Activities for October

Bus Trip Kaynor Tech Café: **October 5**

Flu Shots: **October 6**

Hispanic Heritage Luncheon: **October 9**

Memorial to Celebrate Henry LeClerc: **October 14**

Medication Drop-Off: **October 15**

Movie and Popcorn: **October 16**

Reflexology: **October 16**

Be the Light Patient Advocacy Presentation: **October 20**

Wii Bowling League Play home against Glastonbury: **October 21**

WCAAA FREE Dental Clinic Appointments: **October 23**

Bus Trip Kaynor Tech Café: **October 26**

Book Club: **October 27**

Halloween Party: **October 30**

Date range from 09/01/2026 to 09/30/2026

Filters:

Age: ≥ 0

Site(s): Falls Avenue Senior Center

Checkin Count	1115
Days in Range	21
Avg Duplicated	53.1
Avg Per Weekday	Monday 60
	Tuesday 56.4
	Wednesday 41.2
	Thursday 65.25
	Friday 46.5
Avg Per Day by Month	September 53.1

Event Occurrences from 09/01/2026 to 09/30/2026

Filters:

Site(s): Falls Avenue Senior Center

Category	Event	# of Events	Hours Scheduled	Unduplicated
<i>Classes/Workshops</i>				
	Bible Study	4	5	8
	Book Club	1	1.5	4
	Total	5	6.5	12
<i>Fitness/Exercise</i>				
	Chair Aerobics	13	6.5	24
	Reflexology	1	3	6
	Senior Exercise	13	13	12
	Sound Meditation	1	1	15
	Walking Club	5	7.5	2
	Wii Bowling Tuesday	5	10	11
	Total	38	41	50
<i>Health Screenings</i>				
	Blood Pressure Clinic	1	1.08	5
	BUS TRIP TO WCAAA DENTAL CARE APPT	1	4	8
	Total	2	5.08	13
<i>Nutrition</i>				
	Brown Bag Lunch	4	6	1
	Total	4	6	1
<i>Public Services</i>				
	Farmer Market Coupons	5	20	3
	Pick Up Newsletter	22	176	19
	Social Services	22	176	4
	Total	49	372	24
<i>Recreation/Entertainment</i>				

Bingo	4	8	44
Canasta	3	3	4
Corn Hole	3	6	0
Knit/Crochet	5	10	14
Mexican Train Dominoes	4	8	5
Pick Up Books	22	176	4
Pinochle	4	16	6
Pokeno	4	8	21
Poker	9	39	15
Puzzle Building	22	176	1
Scrabble	5	15	12
Setback	5	20	16
Wii Bowling Wednesday	5	10	8
Total	95	495	115

Social Activity/Event

2026 Senior Appreciation Luncheon	1	2.5	75
Total	1	2.5	75

Socializing

Socializing/Coffee/Visiting	22	176	31
Total	22	176	31

Special Events

2026 Pop Up Surprise September 21	1	6.25	17
Birthday Celebration	1	1	43
Bus Trip Tour The Cottage at Litchfield Hills	1	5	12
Medicare Program	1	1	17
Town Council FASC Recognition 9 2026	1	0.75	19
Town Manager Discussion	1	1	30
Total	6	15	72

Trips

BUS TRIP CT RIVER MUSEUMCRUISE AND GRISWOLD INN	1	9	22
Kaynor Tech Lunch Sept 28 2026	1	2	35
Shopping Ocean State Job Lot and Nona Lucias lunch	1	6	13
Total	3	17	57
Grand Total	225	1136.08	216

Transportation provided between 09/01/2026 and 09/30/2026

Filters:

Age: >=0

Site(s): Falls Avenue Senior Center

Vehicle	Category	Duplicated	Unduplicated
Bus 2026	Medical	45	18
Bus 2026	Non-Medical	317	41
Van 2020	Medical	2	1
Van 2020	Non-Medical	90	23
Totals		454	64

Total Undelivered Count: 0

[View all People](#)

Transportation provided between 09/01/2026 and 09/30/2026

Filters:

Age: >=0

Site(s): Falls Avenue Senior Center

Location	Duplicated	Unduplicated
Access Rehab	4	2
Adams	7	3
Connecticut River Museum	17	17
Costco	2	1
DMHAS	2	1
Dollar General	4	2
Dr	10	5
Falls Ave Senior Center	1	1
Food Bank	2	1
Griswold Inn	18	17
Home	523	59
Jimmy's Restaurant	4	3
La Galeria Hair Studio	2	1
Labonnes Market	6	2
Lebanani Mediterranean Kitchen and Bar	5	2
Marshalls	3	2
My Eye Doctor	2	1
Nonna Lucias	17	11
NOSS	4	2
NV ENT	2	1
Ocean State Job Lot	11	11
Score PT	14	2
Siemon Company	9	1
Staples	2	1
Stay Well Health	2	1

Steel Beach Gym	4	1
Stop and Shop	92	10
Taft	25	1
TD Bank	2	1
The Cottages at Litchfield Hills	16	15
The Senior Center	76	16
Thomaston Saving Bank	1	1
Trinity Health	2	1
Watertown Library	3	2
Watertown Town Hall	3	2
WCAAA	9	9
Webster Bank	2	1
Totals	908	64

Total Undelivered Count: 0

View all People